



By Doreen Virtue, Ph.D.

ARE YOU AN Earth Angel?

Do you feel different from other people, as if you were dropped off on this planet and wonder when someone is coming to take you home? If so, then you may be an Earth Angel, which is another term for Lightworker, Indigo, Crystal, or one of the other words used to describe a person who incarnated for the express purpose of helping the world be a better place.

Every person is born with a personal mission to learn and grow. Each of us elects a theme for our life in which we will work on a particular life lesson such as patience, forgiveness, or compassion. Yet Earth Angels also choose a global mission in addition to a personal mission . . . and this global mission is to provide a service to the world.

If you have a passion and talent for healing, teaching, or helping others, yet you yourself have substance-abuse problems, weight issues, relationship challenges, and the like, then you may be an Earth Angel. If you are highly



sensitive and you abhor violence in any form, then you may very well be an Earth Angel!

Although all souls originate from the same Divine source, our environment and personal history often shape our personalities and physical characteristics.

For instance, those who spend most of their time surfing at tropical beaches will have different looks and mannerisms

than people who hole up in their inner-city offices every day.

Similarly, all of the lives you have previously lived have impacted you. Just as your physical family-of-origin influences you, so does your soul's family-of-origin shape your looks, behavior, and even your life purpose. Again, the inside of everyone is the same: a beautiful, pristine spark of Divine light.

However, as a lightworker, your spark of light may have spent time in heavenly realms far from Earth. Those lifetimes that you have logged in the angelic realm, the elemental kingdom, or on other planets have influenced who you are today. Although you inhabit a human body, your soul feels like a traveler in a foreign country – because that is, in essence, what you are.

Not everyone is an Earth Angel, of course – for this role, God called in the biggest and brightest sparks of light for the transition to the New Age of Peace.

Those humans who are not Earth Angels are living lives purely for their own growth, rest, or enjoyment. They may seem dense or decidedly unspiritual, yet they are Divine sparks of life, too. Their lives have simply been dedicated to human, Earthly concerns.

The Earth Angels' Vital Mission

If you are an Earth Angel, then you are a powerful lightworker with a legacy of healing and miracles behind and in front of you. You accepted your Divine assignment to come to Earth and spread your teachings and healing energies. How has your assignment been so far? If you have had difficulty adjusting to Earthly life, then you will probably find answers, comfort, and guidance by remembering your spiritual origin.

You may discover that you are an Incarnated Angel or Elemental; a Starperson whose past lives have been extraterrestrial (ET); a Merperson; a Leprechaun; a Knight Paladin; or a Wise One, which is a reincarnated Sorceress, High-Priestess, or Wizard. You are a seasoned service worker called into action – an Earth Angel. You may have had past lives on Earth as an Incarnated Angel, Elemental, and such, yet you forgot these incarnations, believing that your past lives were human.

The term Earth Angels is not to be confused with Incarnated Angels, which



is one of the realms of Earth Angels. By learning about your spiritual realm of origin, you will understand more about your personality, behavior, and individual quirks.

As I mentioned, this is similar to the way our astrological sun signs group us into meaningful categories.

My Early Work with Earth Angels

I first accessed information about Earth Angels through my private practice, where I gave angel, mediumship, and psychic readings. My clients usually consisted of lightworkers who were procrastinating with respect to accomplishing their life mission.

I will never forget the first Earth Angel I identified during a session. As I scanned her shoulders, looking at her aura and spirit guides, I psychically saw a large

artery-like pole extending upward from her left shoulder. As I looked to see where the pole was attached, I gasped.

There, spinning above her, was a hovering spacecraft! I had never had any interests in UFOs or ETs and actually found the whole subject intimidating.

I hesitated to tell this woman what I saw, but I had learned to trust my visions and to faithfully deliver them verbatim to my clients.

I had found that even if I did not understand the visions, my clients usually did. So I inhaled deeply and blurted out, “I see what may be a spacecraft hovering above you.”

“Oh, yes,” my client replied matter-of-factly. “It has been with me my whole life.” This floored me.

However, I listened with an open mind as she explained that the ship was her ever-present guide and protector, watching over her and giving her information when needed. She reported having visited the ship during dreamtime sojourns.

Soon after, I saw several other clients with this same extraterrestrial connection. I have always been one to notice personality and behavioral patterns, so I soon noted that my “Starperson clients” had similar aura colors, facial features, relationship patterns, and life missions.

But there were always some students who could not relate to any of the categories. “What about us humans?” they would ask.

Discovering the Other Realms

Much of the esoteric information that I receive comes from my own guides and angels, who give me messages while I am sleeping or during readings or meditations. Through these means, I was told of the other soul-group incarnations to look for in my clients and audience members. First, I studied the Incarnated Angels. These men and women have angelic faces, heavy set bodies, histories of codependent relationships, and are perennial helpers.

For example, my client Laurie is a quintessential Incarnated Angel. She is a very sweet and attractive blonde nurse with a large, curvy figure and a heart-shaped face. After years of trying to help her alcoholic husband get sober, Laurie finally made the painful decision to divorce him. Now she is searching for a way to transfer her natural healing abilities to a private practice.

I next noticed the group called the Incarnated Elementals. My client Jayne is a typical member of this clan.

With red hair styled in a pixie cut and a thin, lanky body, Jayne looks like someone who would wear green elf shoes with curled toes and bell toppings. She is a professional dog groomer and an avid animal-rights advocate who broke off her engagement because her fiancé wanted to move away from the mountains where she grew up.

“He planned to move to the city,” Jayne explained. “I would shrivel up and die if I did not live near nature – especially if I moved to the city, where trees are practically nonexistent.”

For many years, I assumed that these categories were the only realms from which Earth Angels originated: Incarnated Angels, Elementals, and Starpersons. When I would discuss these categories with my spiritual counseling students, about 80 percent of them acknowledged an affinity to one of the three groups.

I would even have the students gather into groups with their spiritual clan members. I would see them crying, laughing together, and exclaiming,

“Really? You, too? I am just like that!” as they swapped stories of Earth life from the perspective of their realm.

But there were always some students who could not relate to any of the categories. “What about us humans?” they would ask.

My son, Grant, finally supplied the answer. He was attending my Angel Therapy Practitioner certification course in North Miami, giving a brief talk to the class about using candles in rituals and incantations. Grant had been studying Wiccan spirituality for some time, and he had a wealth of knowledge to share.

At the end of his talk, he turned to the audience and said, “I know what the fourth category of incarnated lightworkers is. . . . I know, because I am from this category. It is those of us who are Reincarnated Wizards, High-Priestesses, Witches, Knights, Sorcerers, and Sorceresses.”

A collective gasp rose from the audience, followed by exclamations of, “Yes! That

makes so much sense!” and “That is what I am!” Grant’s assessment rang true, and it truly struck a chord with the class participants.

Since then, I have studied and interviewed many people from this group, whom I now call the Wise Ones. Whenever I lecture or write about the topic, I receive confirmation that this powerful group of lightworkers relates to this category.

This healing effect, along with my own guides’ urgings and ongoing feeding of information, encouraged me to continue studying this phenomenon

Phyllis typifies the members of this group whom I have met and interviewed. She has an oval face and large eyes, and her faraway stare speaks of someone who sees beyond the physical universe. She wears her hair long; and she has an elegant, almost regal, demeanor. When Phyllis saw the movies *The Mists of Avalon*, *The Lord of the Rings*, and *Harry Potter and the Sorcerer’s Stone*, she immediately related to the ancient, magical skills that she had once possessed. Phyllis also knows that

she was burned at the stake for being a witch in a prior life.

My original teachings included a fifth category called “Walk-Ins.” These are souls who electively take on an adult body so that they can fulfill their life purpose without having to endure childhood and adolescence. While Walk-Ins are highly evolved souls who are serving very important missions,

I have realized that they are not really an Earth Angel’s realm of origination. Instead, Walk-Ins are a process. For that reason, they are not included in this book. This work includes the new realms that I have found since *Earth Angels* was first published.

We now have realms and information for many people who were previously considered “Dabblers,” “Shapeshifters,” or “Evolvers” (the miscellaneous realm categories). I feel that there are many other yet-undiscovered realms that we will find eventually, as well. Clearly, this is a field requiring lots of empirical field study.

The Healing Effects of This Knowledge

When I first began publicly discussing this concept, I realized that I risked being misunderstood, so I limited my discussions to my certification courses because the students who attended were especially open-minded. Even then, I waited until we were deep into our

course to talk about Incarnated Angels, Elementals, Wise Ones, and Starpersons.

Each time I discussed the information, the students expressed tremendous relief, and healing followed.

Here is how some Earth Angels surveyed for this book described their reactions to discovering their spiritual origin:

- “Since I found out, I have felt relieved. I no longer feel so strange, and I finally have a sense of belonging.”
- “Once I learned about my realm, I realized that nothing was really wrong with the way I acted.”
- “It helps me to know that I am not the only one feeling this way.”
- “I have always known that I was different, and now there is an explanation that makes sense.”
- “Finally, I realized why I had to help people at all costs. I never knew why I had this drive before.”

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*The following excerpt is taken from the new book *Realms of the Earth Angels*, by Doreen Virtue, Ph.D. It is published by Hay House (February*

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